

# 400 BEACH

seafood & tap house

## LUNCH MENU

SERVED UNTIL 5:30 DAILY

### HANDHELDS & BASKETS

Choice of Potato Planks or Island Slaw

#### Build A Burger 13

Lettuce, Tomato, Onion

\$1 Each: Swiss, Cheddar, Bleu Cheese,  
Bacon, Mushroom

#### Vegetarian Burger 14

Choose Toppings Above

#### Chicken Sandwich 14

Grilled, Blackened or Buffalo, Lettuce, Tomato, Onion

\$1 Each: Swiss, Cheddar, Bleu Cheese,  
Bacon, Mushrooms

#### Shrimp Po Boy 14

Hand Breaded Bay Shrimp, Crispy Fried, Lettuce,  
Tomato, Remoulade, Grilled Roll

#### Shrimp BLT Wrap 15

Applewood Smoked Bacon,  
Lettuce, Tomato, Louis Dressing

#### Shrimp Basket 15

Hand Breaded, Potato Planks, Island Slaw

#### Gulf Grouper Sandwich 17

Grilled, Blackened or Fried, House Made Tartar Sauce

#### Grouper Rueben 18

Grilled Gulf Grouper, Swiss Cheese,  
Saurkraut, Russian Dressing

#### Fish & Chips 19

Ale Battered Haddock, Potato Planks, Island Slaw

#### New England Lobster Roll 20

House Made Mayonnaise, Celery,  
Shredded Lettuce, Grilled Roll

### TACO BAR

#### BBQ Pulled Pork Tacos 13

Island Slaw, Crispy Onions

#### Crispy Shrimp Tacos 13.5

Lettuce, Tomato and Remoulade Sauce

#### Blackened Mahi Tacos 14

Lettuce, Tomato, Avocado, Queso Fresco,  
Charred Lime Aioli, Mango Salsa

#### Jamaican Jerk Grouper Tacos 16

Lettuce, Tomato, Avocado, Queso Fresco, Spicy Mayo

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**EARLY SPECIALS**  
**11 AM - 5:30 PM DAILY**

**3 Courses - \$20**

**FIRST COURSE:**

**(Choose One)**

Seafood Chili  
400 Beach Salad  
Clam Chowder  
Caesar Salad

**SECOND COURSE:**

Coconut Shrimp  
Blackened Tilapia  
Miso Glazed Salmon  
Shrimp Scampi Pasta  
Lobster Mac & Cheese  
All Natural Chicken  
Chef Zach's Meatloaf  
Vegetable Stir Fry  
Sirloin & Mushrooms  
BBQ Pork Chop

**THIRD COURSE:**

Chef's Choice Mini Dessert

**PLEASE VISIT ALL OF OUR OTHER  
AWARD WINNING RESTAURANTS**

**400 BEACH**  
seafood & tap house

**PARKSHORE**  
*Grill*

**THE HANGAR**  
restaurant & flight lounge

**ANNEX**  
EAT • DRINK • SHOP